

BREAKTHROUGH BLUEPRINT

MY COMMITMENT TO A HEALTHY DISREGARD FOR THE IMPOSSIBLE.

NAME Andrew Fraser DATE 12/15/15 SPONSOR/SESSION UC 2015

What ideal future do I want to create, and for whom? (VISION)

All people have the opportunity to attain their perfect balance between work and personal life.

What challenging goals will result in a breakthrough toward this ideal future? (STRETCH GOALS)

Remove the typical 8-5 workday stigma and encourage employees to work when is most convenient for them in the day.

What realistic goals will help me get started on my vision? (MANAGEABLE GOALS)

Identify businesses/companies with desirable work week and workday flexibility models and ask for their assistance and input in furthering workplace flexibility.

With whom do I need to connect to ensure success for my vision and goals? (RELATIONSHIPS)

Partnerships with industry leaders as well as government and activist organizations will be important to the success of this vision. I will also need to work closely with representative groups of employees to make sure that our action is on the same page as the desires of those affected.

What immediate steps will I take to jump-start this breakthrough? (ACTION PLANNING)

In order to gain firsthand experience and personal perspective, I will need to obtain a job that provides me with flexible work hours throughout the day and week. I'll also need to research other communities and business models that implement flexible work to learn about the advantages and disadvantages of allowing employees to determine when they work and how much they work.

MY CORE VALUES

- Meaningful Career
 - Competency, pleasure, balance
- Stability
 - Status, wealth, security
- Friendships
 - loyalty, vulnerability, honesty, trust
- Religion
 - honesty/truth, love, peace
- Respect
 - compassion, reputation, trust

Principles that guide my actions...

- Investing time into relationships
- Thinking about consequences before acting
- Giving selflessly to others (being neighborly)

I want to be the kind of person who...

Has a strong network of family and friends that guide and support me as I go through life. I want to foster relationships that are based on deep connections, loyalty, vulnerability, trust, and honesty. Through these relationships I hope to have the support system to achieve my goals.

STUDY FINDS HIGHEST LEVELS OF PERSONAL WORK-LIFE HAPPINESS IN 200 YEARS.

By: ANDREW FRASER

A recent study shows the highest percentages of people that are "extremely satisfied" with their personal balance between working and personal life. Due to new measures by the government and private business, individuals now feel a higher level of freedom to determine their appropriate balance for them. Survey responses indicate that the increase is due mainly to greater flexibility in work schedules as well as weekly work amounts. Participants stated that this flexibility gave them greater amounts of free time to spend with family & friends.